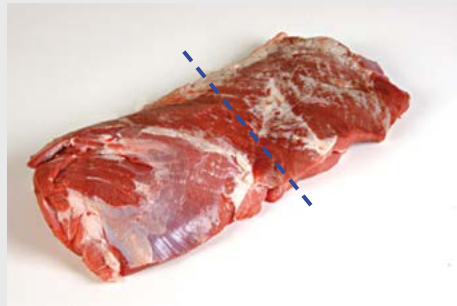
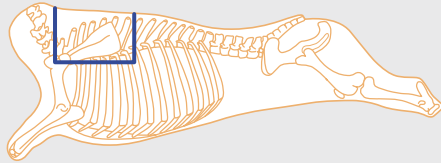


Chuck Roast

Code:

Chuck V003



1. Chuck roll.

2. The neck and yellow gristle (back strap) is removed.

3. Large fat pockets and

4. discoloured tissue are removed.



5. Tie securely at regular intervals.

